

# Pentathlon

2009-2010

## Description:

Teams, consisting of four members, will compete in an event that follows the format of the Pentathlon. There will be five physical activities paired with five academic activities. The last activity is a cooperative event and the team's time will be logged on its own for comparison purposes should there be a tie.

## Team:

Four students from either the <sup>third</sup> fourth, fifth or sixth grades, and they should be appropriately attired in athletic clothing.

## Event Duration:

About five minutes.

## Physical Activities:

- 1) Throwing for accuracy
- 2) Balance
- 3) Manual Dexterity
- 4) Kicking for accuracy
- 5) Agility

## Academic Questions:

Questions will come from the <sup>third</sup> fourth, fifth and sixth grade science curriculum. There are five categories to the questions. The first level, which is the more difficult level, and does not include a time penalty, is open ended. All other question categories are of the multiple choice type. Category 2 questions are more difficult than category three and so on. Each category will include a time penalty, with the easiest categories having the highest time penalty.

\* Note: Questions will be from all four topic areas under study.

All questions will be printed on 3x5 cards, and handed to each student. Starting with category one questions. If the student is unable to answer correctly, he/she will be given the second level questions. This will continue until the student correctly answers a question. Category five questions are very simple.

## Time Penalties:

Category one-no time added  
Category two-2 seconds added  
Category three-4 seconds added  
Category four-6 seconds added  
Category five-10 seconds added

## Procedure:

Each team member is stationed at their event locations. The first member when given the start signal will complete the physical activity, then the academic activity. Upon completion of the academic activity the member will tag the hand of the next team member, who will then complete their physical activity and academic activity till all the members have congregated at the fifth physical activity. The fifth physical activity is cooperative and will be timed separately from the teams overall efforts. The events will be timed and the team with the lowest time will be the winner, and subsequent times in ascending order will be given their rank accordingly.

## Check-in procedure:

All team members are to report to the Pentathlon event at their designated time. The team must have their proper ID and paperwork ready to be submitted for the competition.

Neither parents nor non-participating students may be on the field and will need to stay in the staging area.

\* Note: All teams from the same school must go in sequential order.